



## Independent Living

OR



## Assisted Living

OR



## Memory Care

OR



## Nursing Care

### What's the difference?

Ideal for older adults who enjoy living on their own, and want to enjoy an active lifestyle with social and lifelong learning opportunities among others their age.

Provides extra support for those who need help with the tasks of everyday life, such as eating, bathing, dressing or medication management.

Offers specialized care for those with Alzheimer's and dementia, highlighting personalized attention from trained caregivers.

Supports those who require therapy and rehabilitation after a hospitalization or surgery, or need 24-hour care from nurses and nursing aides.

### What's included?

- Fitness, wellness and lifelong learning opportunities
- Maintenance-free living
- Dining options ranging from a full kitchen at home to chef-prepared meals
- Social events

- Assistance with the activities of daily living
- Medication management
- 3 meals a day, served restaurant-style
- Planned lifestyle activities

- Specialized, supportive programming
- Medication management
- 3 meals a day, served restaurant-style
- Stimulation exercises

- 24-hour care
- Therapy and rehab with Medicare and other health insurance
- Dining options including customization to meet dietary needs
- Engaging lifestyle activities

### What's the cost?

Ranges from \$2,000 to \$6,000 per month, depending on the community and service package.

In Florida, the average monthly cost is \$4,500.

The average monthly cost is \$6,000.

Medicare may pay for short-term stays for therapy and rehab. On average, the cost for long-term care in Florida is \$8,000 per month. Long-term care insurance may pay some or all of this cost.